

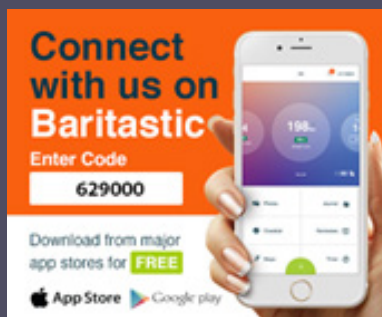
# HURLEY CARES FOR YOU BEFORE & AFTER.

Hurley Bariatric Center in Flint, Michigan is a nationally accredited Metabolic and Bariatric Surgery Comprehensive Center and BCBS Blue Distinction Center. Our highly-skilled board certified surgeons not only specialize in bariatric surgery, but are also credentialed in critical care at a Level 1 Trauma Center. With over 5,000 procedures under our belt, we will accompany you every step of the way to maximize your chances for a successful outcome.

## BARIATASTIC APP

Weight loss surgery is a journey. We have a FREE app to help you along the way. Download the BARITASTIC app on your smart phone or tablet to:

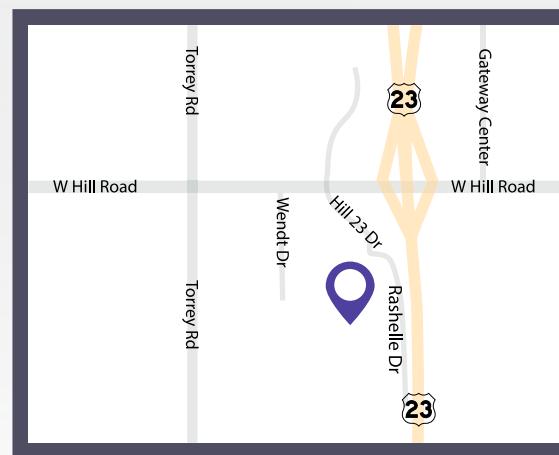
- Learn About Weight Loss Surgery
- Track Weight Loss, Nutrition & Journal
- Access Diet Guidelines & Support Groups



## BARIATRIC CENTER

Located in the Hurley South campus building off US23 and Hill Road, our facility offers a warm environment, spacious patient exam/consultation rooms, and plenty of parking.

Hurley Bariatric Center  
6140 Rashelle Drive  
Flint, MI 48507  
810.262.2330



Blue Cross  
Blue Shield  
Blue Care Network  
of Michigan

Blue  
Distinction  
Center

# BARIATRIC CENTER

**HURLEY**  
MEDICAL CENTER

One Hurley Plaza Flint, MI 48503  
HURLEYMC.COM | #HURLEYCARES



HURLEY BARIATRIC CENTER

6140 Rashelle Drive, Flint, MI 48507 | 810.262.2330

## NON-SURGICAL MEDICAL WEIGHT LOSS PROGRAM:

For individuals with a BMI  $\geq 25$  who are not interested in surgery, we offer a non-surgical medical weight loss program. This program uses meal replacements as well as education in the areas of diet, exercise, and behavior. Weekly clinic visits with either a Physician Assistant/Nurse Practitioner, a Registered Nurse/Medical Assistant, or a Registered Dietitian also serve to help you achieve an average weight loss of 30-50 pounds over a 12-week period.

## SLEEVE GASTRECTOMY

The Sleeve Gastrectomy is now the most commonly performed surgical weight loss procedure in the US today. With this procedure, which is usually performed laparoscopically, the surgeon will remove approximately 75–85% of your stomach.

The smaller stomach capacity takes on the shape of a tube or “sleeve” which holds much less food. Also, removing a portion of the stomach reduces the body’s level of a hormone called ghrelin, known as the “hunger hormone” which contributes to patients feeling less hunger after this procedure.

Expected weight loss following a Sleeve Gastrectomy is approximately 50-60% of excess body weight.

## GASTRIC BYPASS

The laparoscopic Roux-en-Y Gastric Bypass surgery, considered for years to be the gold standard for weight loss surgery, creates a smaller stomach pouch (size of a small egg) and re-routes the small intestine. This changes the anatomy of your digestive system to promote weight loss, also helping you feel full with less food.

Expected weight loss following Gastric Bypass is approximately 60-70% of excess body weight. The Gastric Bypass procedure is also considered a treatment for Type 2 Diabetes in some patients.

## ADJUSTABLE GASTRIC BAND

With this procedure, an inflated silicone band is laparoscopically placed around the top portion of your stomach, creating a smaller stomach pouch. This helps you feel satisfied with smaller portions of food. This procedure requires more frequent follow-up appointments in the bariatric clinic as the band is adjusted to meet your individual needs. Expected weight loss is approximately 40% of excess body weight.

## INTRIGUED BY THE PROSPECT OF A HEALTHIER YOU?

The first step toward reaching a healthy weight is recognizing the need for change. Our bariatric team understands that committing to lifestyle changes can be daunting. We’ll help you make informed decisions about our surgical and non-surgical weight loss options based on your history and weight loss goals.

Contact us at (810) 262-2330 or register for an online seminar at [www.hurleymc.com/services/bariatric-center](http://www.hurleymc.com/services/bariatric-center) and let the team of medical professionals at Hurley Bariatric Center help you regain control of your life.

)(HURLEY BARIATRIC CENTER

# YOUR WEIGHT LOSS JOURNEY STARTS HERE

