



LABORATORY SERVICES

Patient Instruction for Collection for Semen Analysis

Your physician has requested that the Laboratory perform an analysis of your semen. **For these test results to be accurate, you must properly collect the specimen.** Please read the instructions carefully, and if you have any questions, ask your physician or call the Laboratory at (810) 262-9408.

1. Bring the specimen, the physician's order for the test, your I.D., and insurance card to the Laboratory.
2. The specimen must be **delivered within one hour of collection** to Hurley Medical Center Laboratory between the hours of 7:00 – 9:00 a.m., Monday – Friday **ONLY**. The HMC Outpatient Laboratory can accommodate an onsite collection if necessary. See map below. Park in Lot O (Patrick St) for convenient access to the Outpatient Clinic.
3. Abstain from ejaculation for at least **2 days**, but no more than 5 days before collecting the sample for the Laboratory. This is important so your physician may correctly interpret the results.
4. The semen sample should be obtained by masturbation. You must avoid contamination by secretions from other sites, including sexual partners. Do not use condoms, creams, or gels.
5. Directly expel the sample without handling inside the plastic container (provided by your physician or available through the Hurley Laboratory). Do not use other containers including condoms.
6. Collect the sample as completely as possible, including manual expression of final drops. Contamination by urine must be avoided.
7. Keep the sample close to body temperature. Protect from extremes of heat or cold. **Do not refrigerate.**
8. Label the container with your name, the date and time of collection, and the date of the previous ejaculation.
9. The results will be sent directly to your physician.

OUTPATIENT LABORATORY

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